

Definition of words and phrases, personality factor profile

Part 1 „Most“

Phrase	Definition
1.	
I Willing to share	unselfish in giving to others
Easy to be with	friendly and nice
Desire to win	come out ahead in contests
Laugh easily	show cheerful expression
2.	
Open to ideas	respects beliefs of others; resourceful
Do favors for others	do a service; gratify wishes of others
Strong willed	show determination; never give up full
Happy and carefree	of good will; bring happiness
3.	
Do what others ask	receptive to others; meet their wishes
Go for what I want	live wire; doer; eager beaver
Smile; get my way	delightful and agreeable
Remain true to others	show loyalty; faithful
4.	
Well-liked	widely appreciated; sought after
Self-controlled	keep emotions in check; reserved
Cooperative, pleasant	willing to help; cheerful
Can't sit still	unable to relax; seeking change
5.	
Hard to please	critical, judgmental
Like to outdo others	striving to win; vying with others
Follow the rules	obey the regulations; comply
Jovial, joking	have a good time; laughing

6.

Take a risk	willing to take a chance; brave
Tactful with others	polite, sensitive to the needs of others
Graceful, poised	coordinated movements; well-mannered
Satisfied with things	happy with how things are going

7.

Show excitement	express emotions of enthusiasm
Correct, exacting	willing to remove errors or mistakes
Even-tempered	calm; keep things running smoothly
Take charge	willing to give orders and to instruct

8.

Aggressive	hostile, quarrelsome, pushy
Life of the party	glad, joyous; help others to enjoy
Expect trouble	watchful, on guard
Easily influenced	accept ideas of others

9.

Praised by others	receive good comments from others
Ready to help	useful, supportive, providing service
Courageous in spirit	stand up for what is right
Yield to authority	obey those in command

10.

Often impatient	tired of waiting; want immediate action
Get along with others	kindly, chummy, folksy
Desire to please	willing to do a favor or service
High spirited	letting emotion out; free and happy

11.

Enjoy people contacts	seeking opportunities to converse
Go-getter	keeping on the move; active; achieving
Soft-hearted	giving in to others; compassionate
Appreciate beauty	cultivated, tasteful, discriminating

12.

Take things in stride	not critical; even tempered
Fun loving	seek happy experiences; emotional
Argue a lot	disagreeing with others' opinions
Use diplomacy	being open to others' views; polite

13.

Fast paced	Acting quickly to get ahead
Do the unexpected	Not planned, spontaneous, unrehearsed
Peace-loving	Retreat from arguments or hostility
Trusting of others	Believe what others say

14.

Polite and courteous	nice to others; use good manners, civil
Start new ventures	make use of new opportunities
Upbeat about things	believe in the future; enthusiastic
Thoughtful of others	helpful, kind, show concern for others

15.

Gentle, understanding	show consideration for others' feelings
Quiet and modest	not pushing ahead of others
Sell an idea	changing people's thinking; persuading
Inventing new ideas	developing a different view

16.

Fond of talking	sociable; inclined to speak out
Put up with things	accept what is; avoid arguments
Adhere to custom	sticking to the usual practices
Make quick decisions	act immediately; don't hesitate

17.

Hesitate to act	slow to act or decide
Driven to succeed	determined to prove ability
Casual and pleasant	relaxed, not overly excitable
Influence others	swaying others' opinions/actions

18.

Exciting, stimulating	spreading enthusiasm to others
Refuse to quit	self-assertive, stubborn, fixed on a goal
Curious	having questions; desiring answers
Attentive to others	considerate, meet others' needs

19.

Meet people easily	likes being with others
Do things on my own	trusting one's own judgement
Soft-spoken	quiet, calming in speech
Slow to anger	not easily excited

20.

Well-disciplined	follow through; carry out promises
Expressive, outgoing	shares thoughts; likes company
Charitable, giving	generous; willing to give to others
Serious and firm	means what is said; determined

21.

Quiet and easy	not talkative with strangers; reserved
Take the initiative	get things moving; individualistic effort
Get others to join in	influence people; use power to convince
Give in/avoid trouble	surrender to the will of another

22.

Say what is pleasing	use right words to influence others
Hold back words	don't say everything on one's mind
Rehearse what I say	plan before saying what one thinks
Say what I think	don't keep things inside; be forthright

23.

Warm and affectionate	kind, charitable, good hearted
Avoid the extremes	don't go too far one way or the other
Open, approachable	encouraging others to come and talk
Seek excitement	desire to show emotion

24.

Get my own way	desiring to make own decisions
Compassionate/helpful	kind to others; generous
Accepting of others	cooperative; going along with others
Sure of self	show belief in self; confident

Part 2 „Least“

Phrase	Definitions
1.	
Fussy	hard to please
Obedient	faithful; willing to do as told
Demanding	insist upon immediate action
Playful	frisky, humorous, joking
2.	
Sociable	enjoy the company of others
Self-reliant	depend upon self; use own judgment
Patient	calm; not easily excited
Quiet-mannered	peaceful, mild, restful
3.	
Attractive	pleasing to others; appealing presence
High-principled	live up to personal convictions; fair
Stubborn	refusing to give in, obey or comply
Sweet	agreeable, pleasant
4.	
Diplomatic	polite, tactful, cautious
Satisfied	being fulfilled; pleased with self
Daring	willing to take a chance
Polished	well-mannered, accomplished
5.	
Restless	uneasy; unable to rest or relax
Devout	earnest; committed to a belief
Popular	approved by others; well-liked
Neighborly	friendly, easy to get along with
6.	
Brave	displaying courage; bold, unafraid
Inspiring	arouse emotions; get others to act
Submissive	bowing to the will of others
Timid	shy, hesitant; lacking self-confidence

7.

Gentle	kind, tender, thoughtful; not harsh
Persuasive	get others to act; convincing
Humble	aware of own limitations; not proud
Original	creative; come up with new ideas

8.

Arrogant	vain, high-and-mighty
Soft-touch	easily talked into or out of things
Captivating	turning the heads of others; irresistible
Fearful	afraid, scared, worried

9.

Companionable	friendly; compatible with others
Accurate	correct, exacting in doing things
Outspoken	direct, frank, blunt, candid
Restrained	hold back feelings

10.

Respectful	courteous; attentive to others; civil
Take a chance	willing to risk
Optimistic	confident of success; forward-looking
Accommodating	helpful, unselfish; show consideration

11.

Bold	willing to try new experiences; daring
Easily led	simple to influence, teach, or control
Loyal	true to others; devoted, dependable
Charming	win others over; exerting magnetism

12.

Considerate	kind, sensitive; attentive to others
Competitive	trying to outdo others
Joyful	bringing happiness; full of delight
Harmonious	able to blend interests and feelings

13.

Nervy	bold, pushy
Calm	cool-headed, unshaken, relaxed
Precise	exact, like things just right
Happy	able to feel joy and good feelings

14.

Argumentative	Quarrelsome; combative
Adaptable	willing to compromise; will adjust
Full of fun	humorous, enjoyable; playful
Casual	easy going; take things as they come

15.

Willing	ready to act
Eager	enthusiastic; impatient to get moving
Agreeable	ready to consent, good-natured
light-hearted	lively, sunny; free and easy

16.

Forceful	strong, powerful, robust, full of energy
Admirable	deserving of praise; high quality
Kind	helpful, considerate, well-meaning
Doubtful	uncertain; not sure of some things

17.

Talkative	Need to express self; gabby
Reserved	conceal feelings and thoughts; aloof
Traditional	use beliefs and ideas handed down
Decisive	firm, absolute, final

18.

Confident	certain; sure of self
Sympathetic	understand feelings; compassionate
Tolerant	accepting of others' behaviors, beliefs
Assertive	bold, positive, decided

19.

Generous	willing to give; unselfish
Lively	active, spirited; peppy
Orderly	neat, proper, peaceful, organized
Persistent	refusing to give in; keep trying

20.

Trusting	believing in what others say
Contented	happy, fulfilled, pleasing; comfortable
Positive	good outlook, genuine, useful
Peaceful	not quarrelsome; quiet, calm

21.

Cautious	on “red alert;” discreet, guarded
Determined	firm; won’t give up
Convincing	influencing others with powerful appeal
Good-natured	agreeable, kindly, pleasant

22.

Spontaneous	unplanned; doing what comes naturally
Obliging	do favors; agreeable, cooperative
Will-power	remain in control; firmness, strength
Cheerful	jolly; in good spirits; sunny disposition

23.

Adventurous	thrill seeking; eager for the unknown
Open-minded	open to new ideas; free from prejudice
Friendly	nice to people
Moderate	middle-of-the-road; reasonable

24.

Good mixer	active in talking and listening
Lenient	forgiving; gentle, understanding
Cultured	appreciates shared history and customs
Vigorous	strong, forceful, energetic, robust